

Complimentary
November 2000

Venice

Gulf Coast Living



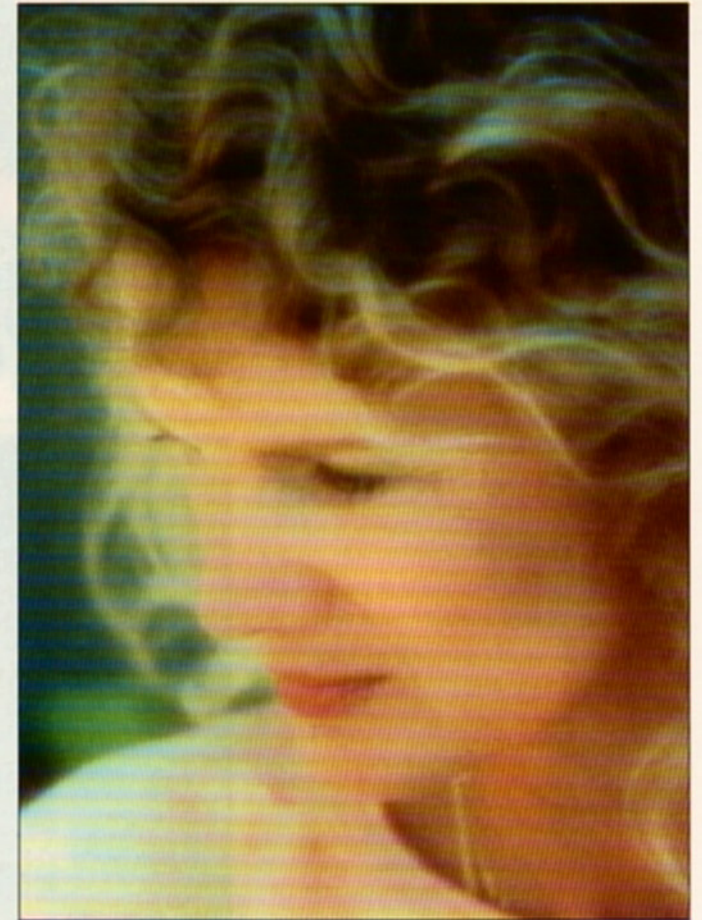
A Magazine For People Who Live,
Work & Play In Paradise.



ABOUT *Our Cover...*

"Practice Doing Nothing"

by Kristin Gustafson



Kristin Gustafson

I love beaches and have walked many from Martinique to Costa Rica. I find the white sandy beaches of our gulf coast in the running for the most beautiful. Choosing imagery to illustrate the serenity and joy one finds walking our beaches led me to paint an Adirondack chair with the usual accouterments of sunglasses, a beach cover-up, sandals and a book.

My intent is for the viewer to feel that whoever was relaxing in the chair and reading their favorite book has left to walk the beach barefoot, to "practice the art of not doing," (a Taoist concept), for at least a little while...

More of Kristin's paintings can be viewed on her website, www.kristindesign.com. For information about purchasing her art, call 488-5083.